



Teen PSA Lesson Plan – Health; ALSDE HE.3.4

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| Grade Level: 9 th -12 th | Topic: ALSDE HE.3.4 Underage drinking, distracted driving, and driving under the influence |
| | Content Area: Underaged drinking, distracted driving, and driving under the influence. |
| Lesson Focus and Goals: <ul style="list-style-type: none"> • Students will learn to understand the importance of safe driving habits. • Students will learn to understand the importance of self-control and mature decision making in daunting situations, such as underage drinking. • the possible outcome of driving under the influence. | |
| Resources: (Including Websites): Distracted Driving Teen PSA Resource: https://vimeo.com/928535895 Underaged Drinking Teen PSA Resource: https://vimeo.com/928522811 | |
| Materials Needed: <ul style="list-style-type: none"> • Audio and visual equipment • Internet • Copies of the state of Alabama “hands-free” law | Learning Objective: <ul style="list-style-type: none"> • Students will understand the importance of safe driving habits and the potential danger in which they could find themselves; the importance of safety concerning alcohol consumption and legal repercussions of indulging in alcohol below the age of 21; the state of Alabama law regarding “hands-free” and non-distracted operation of a vehicle. |

Structure / Activity:

- Show Teen PSA resources provided above.
- Invite students to participate in a self-reflection regarding the resources given.
- Discuss what they feel after viewing resources.
- Discuss alternative solutions and activities to the resources shared.
- Discuss what they can do when finding themselves in the situations discussed in the resources.

Assessment

- Provide students with a writing prompt about self-reflection, using the following or equivalent questions:
 - Why do teenagers participate in underaged drinking?
 - What are the dangers of underaged drinking?
 - What is the law regarding underaged drinking?
 - What can you do to influence other teenagers to make better decisions regarding underaged drinking?

 - What is the law regarding driving under the influence?
 - What are the dangers of driving under the influence?
 - What can you do to influence others to refrain from driving under the influence?

 - What is so important on your device that you need to check while driving?
 - Do you feel completely safe on the road while being distracted by your device?
 - What is the law regarding driving while having your device in your hand?
 - What can you do to influence others to put their device down while driving, implementing safer driving habits?